

# About us

AkiDwA's Sexual and Reproductive Health Project focuses on educational training and offering interventions and referrals for migrant women in Ireland, on issues concerning their Sexual and Reproductive health.



 sexualwellbeing.ie



Sláinte Ghnéis &  
Clár um Thoirchis Ghéarchéime  
Sexual Health &  
Crisis Pregnancy Programme

# Get Involved

You can get involved with us as a member, volunteer or participate in one of the SRH subgroups including

- DP Center Coordinator
- Sexual and Reproductive Health (SRH) Ambassador
- Volunteer
- Translator

## Questions?

Are you a migrant woman who has questions or needs help? Please email, call, or visit our office to discuss how AkiDwA can help you!



🌐 [www.akidwa.ie](http://www.akidwa.ie)

✉️ [support\\_officer@akidwa.ie](mailto:support_officer@akidwa.ie)

📞 +353 (0)1 8349851



## Women's Support Officers



# SRH TEAM



Patricia Acom

LLB, LLM



Hope Turner

B.Sc., MPH

The SRH team partners with

- Healthcare providers
- Community organisations
- Women's groups
- Mental health services
- NGO's
- HSE

Unit 2 Killarney Court,  
Buckingham Street,  
Dublin 1, Ireland

**AkiDWA**  
AKINA DADA WA AFRICA



## Education

Educational sessions are held both virtually via Zoom and in person at Direct Provision sites across the country. These educational trainings will cover a range of SRH topics to empower migrant women and promote their health and happiness.

**“** Thank you so much, I needed the information and I had no one to ask”  
- Training Participant

## Direct Provision

The team liaises with Direct Provision Centre managers and leadership to deliver educational trainings in the DP centres.

We also receive referrals from DP centres for migrant women in need of individual and specific interventions.

We will amplify women's concerns and needs to duty bearers.

### • Contraception

Contraceptive education regarding STI's and pregnancy, types of contraception, accessibility, affordability, service providers in Ireland

### • Menstruation

Education and discussion surrounding why women have a menstrual cycle, what products to use, and how to end stigma and taboo

### • Consent

Confidence training and educational support to empower women in their sexual health and safety, coordinating with AkiDWA's Domestic Violence Officer

### • STI's

Discussing the importance of women protecting themselves from sexually transmitted infections, knowing the symptoms and testing options